

12 May, 2012

The Challenge of Change – Margaret Silf

We are living in times of great flux and transition, in which many of our old 'certainties' are breaking down. Where is God in this experience, how can we best navigate the changes we are facing? Our Christian faith rests upon a moment of apparently total 'breakdown' on the cross, yet that breakdown becomes a breakthrough into a possibility we could never have imagined - a whole new way of being human. Can this faith apply also to our present global breakdowns, and in what ways might we be able to nourish a new 'spirituality of transition'?

Margaret is an ecumenical lay Christian and author and now travels widely facilitating retreats and workshops on Ignatian Spirituality.

The days will include inputs, space for creative reflection and gentle sharing.

The cost per person per day is **£20**. Bookings are welcome for one, some or all of the days. They can be booked at any time during the year, however as places may have to be limited early booking is advised.

For further information, please contact: Rachel Inglis.
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Websites of interest: www.epiphanygroup.org.uk/
www.iscglasgow.co.uk/ / www.aigfois.co.uk

Hosted by



“Deep Oceans, Broad Horizons”

*An invitation to grow in awareness of God and self
and to explore the richness of God's creation.*

The series will be held on **Saturdays, from 10am to 4pm**
in **St Ninian's Church Hall, St Andrews Street, Castle Douglas** on the dates given overleaf.

24 September, 2011

Desert Spirituality: a call to contemplation

–*Margaret Fielding rhsm & Rachel Inglis*

Icons: windows to eternity

– *Zen Brayley*

The wisdom of the desert has much to say to contemporary Christians; on hospitality, kindness to others, learning to accept ourselves, and more. The call of the desert fathers and mothers is a call to contemplation, to find our desert in the crowded places where we live and work. Icons also call us to contemplation. They can be described as the visual word of God. We will look at three beautiful icons, *The Pantocrator*, *The Baptism of Christ*, and probably the best-known of icons, Rublev's *Trinity*.

Margaret is a member of an international religious order and works at the Ignatian Spirituality Centre, Glasgow. Rachel lives in Kirkcudbright and facilitates quiet days and retreats through *Aig Fois* which she started in 2006. Zen is a retired counselor and now practices spiritual accompaniment in the Ignatian tradition.

19 November, 2011

Celtic Spirituality

– *Jane McKichan*

Cosmology & Ecology

– *Julia Ling*

Through the lenses of Celtic spirituality and contemporary cosmology (how we currently understand the Universe), this day will offer space to discover God in all things from a blade of grass to the widest reaches of the Cosmos.

Jane and Julia are both team members of the Ignatian Spirituality Centre, Glasgow.

14 January, 2012

The Enneagram (Day 1)

– *Ali Newell*

The Enneagram can be used to help us recognise and acknowledge our areas of giftedness and limitation. By enabling us to appreciate more fully the ways we differ as people, it can also help us find ways of relating to one another with greater understanding and compassion.

Ali is a Church of Scotland minister and a team member of the Ignatian Spirituality Centre, Glasgow, where she leads Enneagram days as part of their programme.

10 March, 2012

Justice & Peace

– *Katie Low*

Poetry - a doorway to prayer

– *Margaret Fielding rhsm & Rachel Inglis*

How do we respond when confronted with suffering and injustice? For Katie Low, it was an immediate heart response that opened the way for her to see the face of the living Christ in the vulnerable, marginalised, abandoned, hopeless and helpless. Over the past ten years, her journey has taken her to Moldova, Ukraine, Transdnier, Bulgaria and Romania.

Poetry addresses the part of us that is willing to feel deeply into life's questions and hopes. As such it not only nourishes our spirits but invites us into a deeper relationship with the Divine. We will read, reflect on and pray with selected poems that open the doorway to prayer, as well as try writing our own poem.

Katie is a mother and loves working with clay and all things to do with Ignatian Spirituality.